

Expectant Mom's Disney Packing List

What to Pack in the Suitcase

- **Tops (at least one per day)**
- **Bottoms with stretchy waistband**
- **Underwear and bras**
- **Shoes (at least two pairs)**
- **Socks (two per day)**
- **Pajamas**
- **Sweatshirt or jacket (for chilly weather)**
- **Sleep mask**
- **Reading material**

Toiletry Essentials

- **Dental needs (toothbrush, toothpaste, dental floss & mouthwash)**
- **Hair brush and accessories**
- **Deodorant**
- **Contact lens solution, case and glasses**
- **Skin care products**
- **Make up & make up remover**
- **Razor & shaving cream**
- **Pregnancy-safe medications, prenatal vitamins, antacids**
- **Bladder protection items**
- **Cotton pads & Q-tips**
- **Belly lotion**

Poolside Must-Haves

- **Maternity bathing suit, along with a rash guard & cover up**
- **Water-resistant sandals and/or flip-flops**
- **SPF 50 sunscreen & protective lip balm**
- **Sunglasses**
- **Detangling hair brush (like a Wet Brush)**
- **Aloe or sunburn relief spray**

Disney Parks Day Bag

- **Park tickets and/or Magic Bands**
- **Wallet with ID, cash & credit cards**
- **Sun protection including SPF 50 sunscreen & protective lip balm**
- **Hat or Mouse Ears**
- **First aid kit**
- **Cell phone, along with external battery charger and cord**
- **Camera with fully charged battery**
- **Cooling towel or misting fan in hot weather**
- **Waterproof jacket or rain poncho for water attractions or during rainy weather**
- **Hand sanitizer**
- **Healthy food and snacks**
- **Bottled water**
- **Maternity belt for back support**
- **Facial masks, 2 per day**